

Stigma-Free Committee of the Borough of Dumont, NJ
February 19, 2020 Meeting Agenda

1) Statement of Meeting Notice; Roll Call

2) Approval of Minutes of January 15, 2020 Meeting

3) Chair Report

- a) "Mental Health Awareness Day" program at Dumont High School on January 27
- b) Stigma-Free Task Force meeting held on February 17
- c) Scheduling of Task Force meetings for March, April, and May
- d) Distribution of informational materials to senior citizens
- e) Upcoming "Yoga for Mental Health" class
- f) Communications with "Attitudes in Reverse" regarding possible presentation
- g) 2020 Municipal Budget allotment request

4) Old Business

- a) Mental Health First Aid course on March 15 and 22
- b) "Talk Saves Lives" presentation by AFSP at Dumont Library Auditorium on May 13
- c) Stigma-Free lawn signs (need quotes, delivery time, etc.)
- d) Stigma-Free car wraps/decals for municipal vehicles (need quotes, delivery time, etc.)
- e) Begin organization for Bergen County "Out of Darkness" Walk in October: Mr. Paige, Ms. Worner, Mr. DeMarco
- f) Any Other Old Business

5) New Business

- a) "More Than Sad" presentation by AFSP [Mr. DeMarco, Task Force Member]
- b) Communications channel among Task Force members (Facebook Group, Slack, etc.)
- c) Any Other New Business

6) Adjournment