

Stigma-Free Committee of the Borough of Dumont, NJ
January 15, 2020 Meeting Agenda

1) Statement of Meeting Notice; Roll Call

2) Selection of Committee Officers for 2020: Chair, Vice Chair, and Secretary

3) Adoption of meeting schedule for 2020:

- Wed. 1/15, 6:30PM
- Wed. 2/19, 6:30PM
- Wed. 3/18, 6:30PM
- Wed. 4/15, 6:30PM
- Wed. 5/20, 6:30PM
- Wed. 6/17, 6:30PM
- Wed. 7/15, 6:30PM
- Wed. 8/19, 6:30PM
- Wed. 9/16, 6:30PM
- Wed. 10/21, 6:30PM
- Wed. 11/18, 6:30PM
- Wed. 12/16, 6:30PM

Meetings to be held at the Dumont Public Library, 180 Washington Avenue, Dumont, Lower Level, Classroom.

4) Approval of Minutes of October 16, 2019 Meeting

5) Chair Report

- a) Reappointed Committee members: Karen DeMarco, William Paige.
- b) DSFC page in Dumont Borough 2020 Calendar
- c) Stigma-Free Task Force meeting held on October 23; article published on Patch.com on November 11
- e) Certificate presented to Dumont Women's Club on November 12; front-page article in Twin-Boro News on January 9
- e) Distribution of informational materials to senior citizens

6) Old Business

- a) Finalization of scheduling of next Mental Health First Aid classes: February 22 and 29, 10am-2pm (Saturdays), and March 15 and 22, 1pm-5pm (Sundays)

What:

Who is handling:

By when:

How/details:

- b) Any Other Old Business

7) New Business

- a) Scheduling of next Task Force meeting to work on (1) contest to locate all Stigma-Free signs, and (2) school poster contest

What:

Who is handling:

By when:

How/details:

- b) "Mental Health Awareness Day" program at Dumont High School on January 27

What:

Who is handling:

By when:

How/details:

c) "Yoga for Mental Health" free class for Dumont residents on January 22

What:

Who is handling:

By when:

How/details:

d) Scheduling of "Talk Saves Lives" presentation by AFSP for May ("Mental Health Awareness Month")

What:

Who is handling:

By when:

How/details:

e) Bergen County "Out of Darkness" Walk (October 2020)

What:

Who is handling:

By when:

How/details:

f) Ideas for other activities for "Mental Health Awareness Month"

What:

Who is handling:

By when:

How/details:

g) Request allotment from 2020 Municipal Budget

What:

Who is handling:

By when:

How/details:

h) Any Other New Business

8) Adjournment